

Annual Report 2023

*Gym
Community
Youth*



ST KILDA
PCYC

EMPOWERING
YOUTH
FOR LIFE.

Contents

President's Report - 01
CEO/General Manager's Report - 02
Board Report - 04
Gym Manager's Report - 06
Olive's Lane Report - 09
Youth Report - 10
Case Study Report - 13
Fitness & Social Media Report- 14
Rooming House Report - 16

President's Report



Christine Perkal
President

It is a privilege to be the President and Chair of the Board of St Kilda PCYC, continuing Olive Johnston's 1947 legacy of empowering and supporting youth.

This has been the first year of normalized operations after the uncertainties of COVID and over the past year we have maintained our status as a registered charity and not-for-profit organization and continued to grow and develop our youth programs. We provide over 10 programmes a week for young people from disadvantaged and 'at risk' backgrounds, as well as training and employment opportunities for some of these youths at our cafe, 'Olive's Lane'.

With our charity status, we have been able to leverage generous contributions from our supporters to expand our reach and deepen our impact on the community.

We have focused on fundraising and financial sustainability, both of which remain significant challenges for organizations like us. We rely on the support of members, supporters, volunteers, and benefactors to ensure we are able to continue to provide our current level of service.

In the current uncertain economic environment, this has become even more of a challenge for us and we continually reach out to the community, seeking their support through donations, in-kind or volunteer support.

We have also placed emphasis on increasing our public profile through community activities and the greater use of social and digital media, and have achieved a level of recognition well beyond our locality.

It is essential, however, that we maintain a high level of fundraising activity to ensure that the future of this organization and the young people we service, are ensured.

The Board of St Kilda PCYC is a dedicated group of volunteers who remain committed to growing this organization. They are highly-skilled, experienced, and knowledgeable people and I thank them for their hard work, friendship, and generosity.

On behalf of the Board, I thank all our members, patrons and community for your support and assistance.

Our CEO, Christine Fitzherbert, is a skillful leader who inspires and efficiently leads the staff and management and I sincerely thank her for her work and support.

Lastly, a special thanks to the members of staff at St Kilda PCYC for their dedication to ensuring that we continue our important work and grow in the future. Our achievements over the last year are a testament to their expertise, innovation, dedication, and optimism. ■

CEO/General Manager's Report



Christine Fitzherbert
CEO/General Manager

St Kilda PCYC has completed another challenging, exciting, and fulfilling year in 2023. We entered our 76th year of providing support, assistance, and services to our youth, our communities, and our patrons optimistically.

This year was a realistic awakening following a period of post-pandemic uncertainty and a time to rebuild the strength of our programs and our relationships. We have spent this year seeking to 'normalise' our operations after a period dominated by the COVID pandemic, but we still remain operating with a very uncertain social and economic environment.

Our programs are very much in the spirit of community and social responsibility and we proudly present an overview of our annual activities as a registered charity and not-for-profit, focused on empowering the youth and supporting our community.

In the spirit of growth, we achieved a great deal. Our membership has grown, as have our youth programs which are delivered across a number of municipalities including the Cities of Port Phillip, Stonnington and Bayside. Our reach has been broad and inclusive and it has been gratifying to see the youth programs so well attended.

Over the past year, our commitment to fostering the personal and professional growth of young individuals has driven a wide range of initiatives. Through mentorship programs and recreational activities, we have worked to equip our youth with the tools they need to thrive.

Our commitment to providing opportunities for young people has included training

young people as Baristas in our Olive's Lane Coffee Shop social enterprise.

Activities this year have not just focussed on rebuilding relationships and entering a more normal period of activity, but reaching out to our contributors and donors to ensure we are able to continue our work. As a registered charity, we have been able to leverage generous contributions from our benefactors and supporters to expand outreach and deepen our impact.

We rely heavily on grants and donations and like many charities, our supporters, donors, and benefactors are the lifeblood of St Kilda PCYC both for our youth programs, and for our special activities and classes, such as the Boxing For Parkinson's (B4P) classes. The latter has grown considerably and our participants as well as St Kilda PCYC received strong recognition and coverage, when a team from ABC News came and filmed interviews and classes with the B4P class. We rely on the support of our members and our benefactors and this year, once again, reached out to all during our GIVING DAY fundraising campaign held in May. We are very grateful to all who so generously contributed.

Open Day in October was another special and very inclusive day offering the community an insight to the range of activities we offer – and of course the fantastic sausage sizzle so enthusiastically supported by our

volunteers – thank you indeed.

Another opportunity arose to showcase our services to a broader audience when our Boxing Hall was used as a polling booth for referendum day – again, the sausage sizzle featured and dominated the waiting lines. We participated in many local activities all of which heightened the community's knowledge about our work and our commitment to service and support.

Most importantly, we recognise that people are our major support and resource – our members, our staff, and our community. Thank you so very much to all the generous donors who supported our fundraising activities as you have made it possible for us to continue our work.

I am immensely proud of all our staff and volunteers and particularly recognise our Reception Staff who are the public face of St Kilda PCYC. We are so fortunate in having a dedicated staff and volunteer team representing St Kilda PCYC.

Finally, I also recognise and thank our Board Members who so willingly volunteer their time and hard work for the best interests of St Kilda PCYC.

We believe that empowering the youth today ensures a brighter and more promising future for all, and we remain dedicated to this mission as we look forward to another year of meaningful growth and positive change. ■

ST KILDA PCYC

Open Day

OCTOBER 7



The Board Report



Christine Perkal

President

Started - 12 May 2016

Elected November 2020

Christine is a Certified Practising Accountant (CPA) specialising in taxation who has been running her public practice for over 34 years.

Christine's passion and commitment for community involvement goes back to 1996 when she began a 22-year-long involvement with the Elwood Park Tennis Club, becoming their Treasurer and a committee member.

She joined St Kilda PCYC in 2014 - initially to participate in Masters' Classes - but also graciously lent us her years of public practice experience and took on the Treasurer position until 2022.

In 2023 Christine moved on from the Treasurer role to become our President. She is strongly committed to helping the organisation achieve its goals and to explore new ways PCYC can become a beacon of hope for disadvantaged youth and others in need within the community.



Dennis Edlin

Vice President

Started - 12 May 2016

Re-elected - 19 November 2022

Dennis has contributed well over 25 years of time, energy and passion to the St Kilda PCYC. He brings 35 years of experience in advertising/marketing and has contributed 17 years as a physical trainer. He is a visionary who has been an integral force in the development and success of our Club.



Anne Budgen

Treasurer

Co-opted 14 December 2022

Anne is a CPA Accountant and has over 20 years' experience in the financial industry working for medium to large size corporates and specialising in regulative and statutory reporting. Anne brings to PCYC a multi-faceted skillset as a result of exposure to a wide range of company structures, sizes, and industries. Anne is looking forward to helping the club achieve its goals for the benefit of its members and the greater community.



Charlie McFadden

Board Member

Started - 16 February 2017

Re-elected - November 2020

Charlie has been involved with St Kilda PCYC for over 13 years and has become a familiar face to all members of the club. Furthermore, Charlie's passion for community development has given him experience across many different sectors including youth, aged and disability. As a former president, Charlie would strive to ensure the voice of the young and new generations would continue to be heard, understood and included.

Meetings of Board Members

During the financial year 2022-2023 the following meetings were held. Attendances as follows:

Board Members Name	Number Eligible to Attend	Number Attended
Christine Perkal	11	9
Dennis Edlin	11	9
Anne Budgen	11	10
Joy Hawkins	11	9
Andrew Green	11	10
Charlie McFadden	11	8
Pierre Te Angina	5	5
Jason Hopp	5	5

Retired Board Members 2022-2023

Pierre Te Angina

Board Member

Started 12 May 2016

Retired November 2022



Joy Hawkins

Board Member

Started - 12 May 2016

Re-elected - 27 November 2021

Joy is a dedicated participant in the Masters' classes and has been a member of St Kilda PCYC for many years. Joy brings over 35 years of experience in Advertising, Graphic Design and Packaging Design (FMCG) to the Club. Her passion is to build, shape and grow the St Kilda PCYC Brand.



Jason Hopp

Board Member

Co-opted 15 February 2023

Jason is the founder of Santini Capital. Under his leadership, Santini Capital is recognised as a preferred source of funding, known for providing assistance to companies when they most need it. Jason is an active investor with a background in construction and agriculture, among many things. He has dedicated himself to tackling challenges alongside his partners, resulting in their increased productivity and exponential growth.

Jason joined the St Kilda PCYC Board as a co-opted member early in 2023 and has significantly contributed to the Board's deliberations and supported the activities of St Kilda PCYC with a strong interest in our social enterprise Olive's Lane Coffee Shop.



Andrew Green

Board Member

Co-opted 14 December 2022

Andrew Green is a partner with a city law firm and is a commercial litigator with over 25 years of experience. He has extensive litigation experience in Australian jurisdictions at all levels, in tribunals (particularly the Building Appeals Board and the Victorian Civil and Administrative Tribunal), first instance trial work at all levels (particularly the Supreme Court of Victoria and the Federal Court of Australia), intermediate appellate work (particularly the Court of Appeal of the Supreme Court of Victoria and the Full Court of the Federal Court of Australia) and in applications for special leave to appeal and appeals to the High Court of Australia.

He also has a wealth of experience in alternative dispute resolution, including in arbitration (particularly under the ICC Rules) and mediation, and in acting for and advising entities in the not-for-profit sector.

Gym Manager's Report



Donny Pelsoczy
Gym Manager

This Report highlights key achievements, developments, and activities that have taken place during the year, furthering our commitment to providing a top-notch fitness experience for our members.

Membership Growth

We are thrilled to report a 10% increase in our membership base compared to the previous year. Moreover, our membership numbers have not only rebounded from the COVID-19 impact but have also exceeded the pre-pandemic figures recorded in October 2019. This remarkable growth speaks to the resilience and appeal of our gym and the hard work of our team.

Facility Improvements

- **New Smith Machine:** We are delighted to announce the addition of a brand-new Smith Machine to our gym equipment, enhancing our strength training options and offering our members an even more comprehensive fitness experience.



- **Boxing Hall Air Conditioning:** Through the Stronger Communities grant, we have installed a new air conditioning system in our Boxing Hall, ensuring our members' comfort and well-being during their workouts.



- **Ring Canvas Upgrade:** Thanks to the generous support of Cricket Victoria, we have received a new ring canvas for our boxing facility. It was installed by the experienced professionals at Jim Bradley, guaranteeing a safe and top-quality boxing experience for our members.
- **POS System Upgrade:** We are grateful to a generous benefactor who has donated a state-of-the-art Point of Sale (POS) system, streamlining our operations and improving the overall member experience at our gym.



- **Facility Aesthetics:** The male bathroom downstairs has been repainted, offering a fresh and vibrant atmosphere to our members.



- **Basketball Court Enhancement:**

We have added new hoops in our basketball court, making it more accessible and enjoyable for our members who enjoy this facility.



- **Silat Exhibition/Tournament:** We successfully hosted a Silat Exhibition/Tournament in our basketball court, demonstrating our commitment to supporting and celebrating various fitness disciplines.

- **St Kilda Boxing Club:** Our gym is proud to be the home of the St Kilda Boxing Club, under the expert guidance of Australian Coach Jeremy Udovich, enhancing our reputation as a hub for boxing enthusiasts.



Community Engagement

- **Open Day:** We organised an Open Day to showcase our facilities, welcoming prospective members and giving our existing members an opportunity to bring friends and family to experience what makes our gym special.



Thank you for your trust and support in St Kilda PCYC. We are committed to ensuring that our gym remains a place where fitness goals are achieved, and lasting relationships are built. ■

Gym Community Youth

In summary, this year has been marked by significant growth in memberships, numerous facility upgrades, and community engagement activities. We are proud of our progress and deeply appreciate the dedication of our team, the support of our benefactors, and the loyalty of our members. We look forward to another successful year ahead, building on our achievements and continuing to provide exceptional fitness opportunities for our community.



Olive's Lane Report



Layla
Olive's Lane Supervisor

Olive's Lane, our beloved social enterprise coffee shop, stands as a tribute to St Kilda PCYC's founder, Olive Johnston.

This report showcases the significant accomplishments of Olive's Lane over the past year, with an emphasis on our commitment to empowering young people while providing a unique culinary experience.

Youth Development

One of the cornerstones of Olive's Lane is our commitment to providing young people with opportunities for personal and professional growth. In the past year:

- Three new young individuals were trained as baristas, equipping them with valuable skills for future employment. Importantly, all our youth trainees are paid at the appropriate award rate, ensuring that they receive fair compensation for their hard work.

Environmental Impact

Olive's Lane has always been mindful of its environmental responsibility. This year, we took significant steps to minimize our environmental footprint:

- Thanks to a generous grant from South East Water, and the support of benefactors, we installed a new grease trap. This not only ensures we stay compliant with environmental regulations but also benefits our beloved Port Phillip Bay by keeping waste out of our waterways.

Menu Enhancements

Olive's Lane introduced protein and berry smoothies to the menu. These additions have been warmly received by our customers, enriching their dining experience with a healthier and more diverse range of choices.

Professional Development

Thanks to the continued support of St. Ali Coffee Roasters, our fantastic baristas are regularly completing barista training refresher courses. This ensures our coffee maintains its exceptional standard and our baristas are supported with professional development.

Acknowledging Outstanding Contribution

Olive Lane's supervisor Layla's dedication, leadership and talent have been instrumental in the coffee shop's success. Furthermore, the much-loved Alex, one of our first employees, is nearing the completion of her university education and is preparing to transition into a professional career. We are so sad to lose Alex at Olive's Lane and wish her all the best with her future career endeavors.



Sustainability and Appreciation

Operating a social enterprise like Olive's Lane presents unique challenges, but with the collective effort and support from our generous contributors, we continue to provide young people with opportunities to up-skill and gain invaluable on-the-job paid experience. We are immensely grateful for the contributions we receive, and we cannot thank our supporters enough for their unwavering commitment.

Olive's Lane has had a remarkable year of growth and impact. We look forward to another year of creating opportunities, empowering young people and making a positive difference in the community. ■

Youth Report



Tamara Mancuso
Youth Programs Co-ordinator

It brings me immense joy to present to you our annual review of the St Kilda PCYC Youth Programs for 2023. This year has been filled with passion, commitment, and the unwavering spirit of our young members.

St Kilda PCYC has served as a beacon of hope, guidance, and empowerment for our youth. The past year has been a testament to the extraordinary capabilities of our young minds, showcasing their resilience in the face of challenges throughout the programs and especially at the trying Youth Leadership Camp.



Youth Leadership Camp

Ten youth participants from St Kilda PCYC attended the Youth Leadership Camp in Point Leo during January. The camp provided a transformative experience, focusing on leadership development and personal growth. Participants engaged in various workshops and outdoor adventures including surfing, hiking, cooking, and kite making. Throughout these sessions, participants learned to collaborate, adapt to different situations,

and overcome obstacles. Overall, the Youth Leadership Camp in Point Leo was a highly enriching experience for our participants, equipping them with valuable skills and empowering them to become confident leaders in their communities.

Mobile Activity Centre (MAC)

Our MAC Program, based at the Horace Petty Housing Estate in Prahran, engages 25 young people each session. Staffed by our dedicated team of youth workers, the program provides sports, recreation, and meals to the backyard of some of our most vulnerable youth. The MAC program runs twice a week for 90 minutes, and our youth enjoy participating in structured sports, activities and helping to cook meals such as spaghetti Bolognese.



Youth Space

Each week we have 10 youth participating in our drop-in session Youth Space. The participants can decide what they want to achieve from the program, whether it is getting active with sports, working on homework, listening to music, or socializing with their friends. Our youth workers are there to guide the youth through the activities. A highlight of this program was going to the Beach Volleyball Courts in South Melbourne to have a few games.



Homework Hangouts

Six months ago, St Kilda PCYC launched its Homework Hangouts program to support our youth with their study needs. We have had great success, with participants working together and passing tests at school. Homework Hangouts will

continue to evolve, adapting to the needs of its members and exploring innovative ways to enhance the learning process.

Girls Group

Girls Group has been more popular than ever this year, with an average of 12 girls attending each session. The program revolves around creative activities that empower participants to explore their potential, build self-confidence, and develop essential life skills. Activities completed this year included candle making, baking brownies, creating acai bowls, and painting pot plants. Girls Group is dedicated to shaping confident, capable, and compassionate young individuals, preparing them for a successful future.

Friday Night Activities

We were fortunate enough to start up a new program for our Friday Nights with up to 20 participants joining in with Friday Night Activities. This two-hour weekly session included different sport activities and a sit-down meal for all participants. The most popular activities being Volleyball and Soccer.

Youth Boxing

Boxing based fitness and strength classes were a hit this year, with classes averaging 20 participants a session. Eugene facilitated two sessions per week and volunteer Stuart supported youth with a particular interest in competitive boxing in a more focused Saturday morning session.

Koorie Youth Bootcamp

St Kilda PCYC continue to host the Koorie Youth Bootcamp, both at our venue and at the Aboriginal Gathering Place in Doveton. Trainer Laurence runs the Koorie youth through a 45-minute-high intensity bootcamp, followed by sports and games. Participants gained health, fitness, and social benefits from the weekly sessions.



Wicked Schools Program

The Wicked Schools Program was facilitated at Windsor Primary School and St Kilda Primary School with over 150 grade 5 and 6 students. Our youth staff organized high energy lunchtime activities with the aim of keeping students engaged in school and learning. Some popular activities include dodgeball, basketball, and soccer.

School Holiday Program

During the school holidays we provided school holiday activities and outings for our youth participants, with 10 sessions running throughout the year. Activities

included Go Karting, Tree Top Adventures, Bounce, Luna Park, Splatball and much more. Often these were activities that the participants had never tried before.

Music Sessions

Sound engineer and music producer Dom has been working one-on-one with youth participants to create, record, and produce music. These music studio sessions would not normally be affordable for young people however we have been able to arrange these sessions to be free of charge for our youth participants.

St Kilda Festival

St Kilda PCYC held a very popular basketball activity during First Nations Day at the St Kilda Festival. We had over 120 participants with 60% identifying as Aboriginal or Torres Strait Islander. It was a lovely sunny day celebrating Indigenous culture. ■

Total Registered Youth

- Participants 235
- Average Age 14
- Average Participants / Activity 14
- Male Participation 55%
- Female Participation 45%



Case Study Report



Caesar
St Kilda PCYC Participant

Caesar, a remarkable individual, has been a part of the St Kilda Police and Citizens Youth Club (PCYC) community since the tender age of 6. His journey with St Kilda PCYC is a testament to the transformative power of youth engagement programs.

Caesar's Journey with St Kilda PCYC

This case study highlights his incredible story and the impact he has had on the St Kilda PCYC community.

Early Years: Caesar's introduction to St Kilda PCYC was rather serendipitous. At the age of 6, he began participating in the MAC youth program at Park Towers, South Melbourne. His older brother introduced him to the world of PCYC's youth programs, igniting Caesar's passion for what would become a lifelong journey.

A Journey of Participation: Caesar's involvement in the PCYC youth programs was nothing short of comprehensive. From early participation in various sports activities to the sheer fun of hanging out with youth workers, he quickly became an active and engaged member of the St Kilda PCYC community. Over the years, he immersed himself in a wide array of PCYC activities, including Duke of Edinburgh Camps, participation in the Youth Committee, involvement in the EGGS Homework club, and much more.

The Power of Acceptance: What makes St Kilda PCYC special to Caesar is the sense of belonging and acceptance that he found within its walls. It was a place where he felt comfortable, safe, and could be himself. It became his sanctuary - a place to hang out and escape from the challenges at home.

A New Routine: For Caesar, the PCYC became more than just an after-school program. He describes it as a second home, a place where he spent the majority of his waking hours. His daily routine included school, PCYC training, MAC activities, and then back home to sleep. He fondly recalls that he was always fed at PCYC, whether it was Grill'd Burgers, fish and chips, or a slice of pizza.

From Participant to Team Member: Caesar's journey took a new turn when he completed his schooling. He expressed his interest in working at St Kilda PCYC, although his first job application wasn't successful. However, it was a moment of serendipity when the management at St Kilda PCYC recognised his dedication and commitment. They offered him a role at the reception, marking his transition from a participant to a vital team member.

A Bright Future Ahead: Currently, Caesar is on the verge of completing his Cert IV in Personal Training, further reinforcing his commitment to the health and well-being of himself and the St Kilda PCYC community. His ultimate goal is to become one of the trainers at St Kilda PCYC, a testament to the way he has come full circle from being a participant to someone who now contributes to the growth and success of the club.

Caesar's journey with St Kilda PCYC is an inspirational story of how a young individual's life can be positively transformed through the support, acceptance, and opportunities provided by youth programs. His experience serves as a powerful example of how organisations like St Kilda PCYC can make a meaningful impact on the lives of young people, helping them grow into responsible and successful individuals who, in turn, contribute to the betterment of their communities. ■

Fitness & Social Media Report



Brooklynn Baker
Fitness & Social media Manager

I am thrilled to report that our fitness and community classes have continued to thrive and make a positive impact on the well-being of our community members.

We look forward to another year of providing a safe, inclusive, and supportive environment for all, where health and wellness are not just goals but a way of life.

Fitness Classes

Masters: These sessions take place three times per week and our group numbers just keep growing. These classes have a focus on strength, balance, flexibility, and functional movements for people over fifty years of age.

Stretch: Each Saturday morning Virginia runs a functional Stretch class which is thoroughly enjoyed by members and pairs well with their workouts in the gym during the week.



Pilates: Each Sunday morning Alia runs a Pilates session. Members have enjoyed this new class and are up for the challenge strengthening their core and learning how to improve their body awareness, enabling efficacy in everyday movements.

Circuit Slam: Circuit Slam is going into its second year as Trainer Laurence has helped these intermediate participants push their strength and boxing goals with this twelve-station fitness class.

HIIT (High Intensity Interval Training):

Tiff's ongoing Saturday morning sweat sessions have created warriors out of this group. This class builds strength, endurance and mental grit.

Community Classes

Boxing for Parkinson's: This twice weekly class is designed to fight and help alleviate the symptoms of Parkinson's Disease. These sessions include exercises that focus on balance and gait, hand eye coordination, cardio, range of motion and flexibility, posture and full body strength. Class ends with a boxing session to teach the traditional boxing movements and challenge their memories. These sessions have received Grants to cover the cost of the sessions for the participants. A big "Thank You" to Josh Burns and his team, Palais Theatre and Windsor Community for funding these classes.

CoPP Chair Class: Tailored to members of the community who are more vulnerable and less mobile, classes are designed to keep these participants strong, mobile, and independent. Classes focus on strength, balance, coordination and having a fun, social time together.

LifeFit Class City of Port Phillip: Members of Port Phillip meet weekly to take part in a full body strength, balance, coordination class that provides a full body workout and a social outlet for the participants.

Pass Cards

As part of our commitment to our community, we offer community service providers and community schools discounted pass cards to allow access to our Gymnasium. We provided over two hundred fifty entries to each of the following organisations this year:

- **Salvation Army Crisis Centre**
- **Star Health**
- **Alfred Health**
- **Galiamble Men's Recovery Centre**
- **Hester Hornbrooke Academy**
- **Oakwood School**
- **Ignatius Learning Centre**
- **Harmony House**
- **Montague School**
- **Plan Partners**
- **Better Health Network**
- **Launch Housing**
- **Headspace**
- **Melbourne City Mission**
- **Sacred Heart Mission**

Social Media Report

Growth

Growth on social media is always essential as it lets us know that we are extending our reach and ability to help and raise awareness in our community. Growth is stimulated by maintaining these three key elements:

- **Content:** What kind of posts are our current Audience interested in. This changes and evolves with trends.
- **Engagement:** Are we asking the right questions, stimulating conversations, responding to our community. Are we keeping the stories active.
- **Consistency:** How often are we posting, what days and times and are we posting a good variety of captivating content, as you can tell from our number of posts this past year, we are definitely ticking these boxes.

Campaigns

- **New Classes**
- **Silver Membership Special**
- **Zumba Day**
- **Giving Day**
- **Seniors Week**
- **Open Day**
- **Hosting Election Day & Democracy Sausage Sizzle**
- **Youth Birthdays**
- **New Gym Equipment**
- **New Housing Upgrades**
- **NAIDOC Week**
- **Easter Egg Hunt**

- **Christmas Holiday parties for fitness class members**

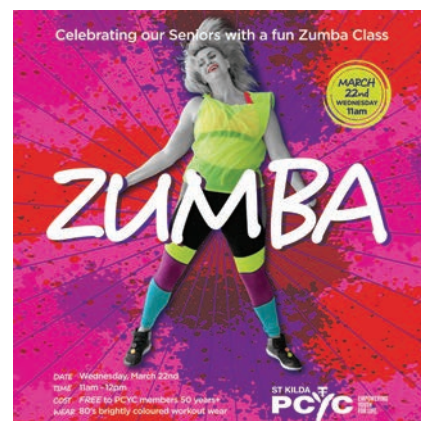


Interviews

We have had a lot of exposure in our Gym over this past year with visits and interviews from local News Stations. Iskhanter Razak from ABC News interviewed our Boxing for Parkinson's group and this was played on the live news several times over that day and an article was posted online. Our local Member of Parliament Josh Burns and his crew also interviewed the Parkinson's group and created a fun video of Josh joining the participants for a session. Upon the passing of our long time supporter and members Ron Barassi, Channel 7 News interviewed his Personal Trainer at St Kilda PCYC, Dennis Edlin.

Future Outlook

Our objective for the future is to continue to increase our audience engagement, growth and stay relevant. We hope to explore new platforms and ways to connect with the community. Follow us today to keep up to date with all events and classes at St Kilda PCYC. ■



Rooming House Report



Natasha Pardamean
Rooming House Manager

In the past year, our Youth Rooming House, situated just a few doors down from St Kilda PCYC, has continued its mission to provide affordable housing and support for young people aged 17 to 25.

This report summarizes the key activities, achievements, and maintenance efforts of the rooming house during 2022-2023.

Rooming House Overview

The rooming house consists of six rooms. The front section of the house includes four rooms, shared bathroom and laundry facilities and a communal kitchen. These rooms are allocated to young individuals from the Salvation Army Crisis Centre.

The back section of the house accommodates two rooms, shared bathroom and laundry facilities, and the POD. The POD is a shared space with a communal kitchen and lounge area for all residents. Tenants residing in these rooms are supported by St Kilda PCYC.

Resident Transition and Occupancy

Over the past year, we have welcomed 12 young individuals into the rooming house. Of these, 7 have successfully transitioned out to private housing, marking a significant achievement in providing them with the support and resources needed to become self-sufficient.

Community Involvement

Our rooming house has benefited from the generous contributions and support of the community. Notable community initiatives include:

- **Moose Toys Garden Clean-Up:** Moose Toys, a valued community partner, volunteered their time to conduct the annual garden clean-up. They have also donated an outdoor table set for the residents' enjoyment.
- **St Kilda PCYC Staff Contribution:** The staff at St Kilda PCYC undertook significant maintenance and improvement projects within the rooming house. This included sanding and painting of Room 5, painting of Room 2, and staining the outdoor table set.



- **General Clean-Up:** Various general clean-up activities were undertaken, including the garage area cleanup and organising hard rubbish collections.

Maintenance Work

Ensuring the safety and functionality of the rooming house is paramount. Throughout the year, several maintenance tasks were completed to maintain the facility:

- Replacement of Room 3's door.
- Repairing the oven.
- Repairing the wall of Room 2.
- Replacement of the complete kitchen sink breach and tapware in the front section.
- Supply and installation of kitchen tiles, grout, and silicon corners as part of plumbing repairs.
- Repair and installation of locks for Room 5, including an additional sliding lock.
- Repairing of front gate hinges.

These maintenance efforts ensure that the rooming house continues to provide a safe and comfortable living environment for its residents.

The Youth Rooming House has remained committed to its mission of providing affordable housing and support to young people in need over the past year. The collaborative efforts of the community and the dedicated maintenance work conducted have enhanced the quality of life for its residents. ■

A huge thank you for your support

Our members, supporters, partners, and donors are the lifeblood of St Kilda PCYC and enable us to continue our work with at-risk young people, with our Parkinson's group and our community activities.

We acknowledge you all and thank you so very much for your constancy and support, without you we simply could not continue to do our work.

Each year, so many individuals and organisations assist us in providing our services, and we are unable to name them all and 2023 was no exception.

The following are some of our major sponsors – but our thanks go to all supporters and donors.

- Carman's
- BMF Builders
- Moose Toys
- Light Warrior
- Windsor Community (Bendigo) Bank
- Urban.com.au
- Social Garden
- Igniting Change
- South Melbourne Community Chest
- Jason Hopp, Santini Capital
- Matana Foundation
- Cricket Victoria
- Street Smart Australia
- Gary Peer Real Estate
- VPGH Limited
- Sandringham Rotary
- Palais Theatre
- Ian Foote
- Josh Burns MP
- Aged Persons Welfare Foundation
- Freemasons' Foundation
- South East Water
- Moose Toys
- Centrepont Melbourne Trust
- Ruby Trust, Voltair Electrical
- Playfit
- Westpac Foundation,
- Harcourts Foundation
- Grill'd Local Matters
- All our wonderful individual donors
- Denis Deasley and Merv Marsh for our Smith Machine
- Hazel Peat Perpetual Charitable Trust
- The Co-Group Ltd
- City of Port Phillip
- City of Stonnington
- Glen Eira City Council
- And all our Board Members, volunteers, and our staff.



EMPOWERING
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FOR LIFE.

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